

Morning Practice

- brother Michael

We speak often of taking our time. These are the words to our Morning Vigil prayer as the time of Advent draws forth. It takes many mornings to let the words become one with our hearts, for all of our prayer is a practice just as each new day is a gift.

Morning Star, light of hope.

North and south, east and west, we gather as one.

Morning Star, light of hope.

Sky and earth, stars and streams, keep vigil with us.

Morning Star, light of hope.

Trust and faith, hope and love, awaken in us.

Morning Star, light of hope.

Word of life, gospel of truth, lead us to you.

Morning Star, light of hope.

May we live, lives of light: gentle and kind.